

## Belonging Uncertainty Scale

This survey accompanies a measure in the SPARQTools.org [Measuring Mobility toolkit](#), which provides practitioners curated instruments for assessing mobility from poverty and tools for selecting the most appropriate measures for their programs.

**Age:** Child, Teen, Adult

**Duration:** < 3 minutes

**Reading Level:** 6th-8th grade

**Number of items:** 3

**Answer Format:** 1 = strongly disagree; 2 = disagree; 3 = moderately disagree; 4 = neutral; 5 = moderately agree; 6 = agree; 7 = strongly agree.

### Scoring:

Q3 should be reverse-scored. Reverse-scored items are worded in the opposite direction of what the scale is measuring. The formula for reverse-scoring an item is:

$$((\text{Number of scale points}) + 1) - (\text{Respondent's answer})$$

For example, Q3 is a 7-point scale. If a respondent answered 2 on Q3, you would re-code their answer as:  $(7 + 1) - 2 = 6$ .

In other words, you would enter a 6 for this respondents' answer to Q3.

To calculate the total score for each participant, take the average rating of the items by adding respondents' answers to each item and dividing this sum by the total number of items (3).

### Sources:

Walton, G. M., & Cohen, G. L. (2007). A question of belonging: Race, social fit, and achievement. *Journal of Personality and Social Psychology*, 92(1), 82-96.

**Instructions:** Think about how you feel about yourself at different times. Some people pretty much always feel the same way about themselves. Other people feel differently about themselves at different times. Please circle your response to answer the questions below about how you feel about yourself at different times.

1. Sometimes I feel that I belong at [school or organization name], and sometimes I feel that I don't belong.

Strongly disagree	Disagree	Moderately disagree	Neutral	Moderately Agree	Agree	Strongly agree
-------------------	----------	---------------------	---------	------------------	-------	----------------

2. When something bad happens, I feel that maybe I don't belong at [school or organization name].

Strongly disagree	Disagree	Moderately disagree	Neutral	Moderately Agree	Agree	Strongly agree
-------------------	----------	---------------------	---------	------------------	-------	----------------

3. When something good happens, I feel that I really belong at [school or organization name].

Strongly disagree	Disagree	Moderately disagree	Neutral	Moderately Agree	Agree	Strongly agree
-------------------	----------	---------------------	---------	------------------	-------	----------------